

CDU Therapeutic Play Skills Workshop

17 April 2016

10.30am to 12.30pm and repeated at 1.30pm – 3.30pm

Ellery A, Alice Springs Convention Centre.

This workshop will provide participants with an understanding of current practices in Play Therapy Skills. The workshop will provide information on current research and practices being used with in Northern Australia in remote and regional areas. The workshop will also provide participants with an understanding of where Play Therapy is currently provided in Northern Australia on a regular basis.

Participants will gain a greater understanding of what Play Therapy is and what a Play Therapy set up can look like in both mobile settings and in fixed room settings.

Participants will be provided with a small variety of skills that they can implement within their work to support their connections with children.

Participants will be given an understanding of how they are able to link into further studies.

Presenter, Josephine Martin



Josephine is part of a dynamic Play Therapy Team, her role is associate lecturer in the Play Therapy Program at CDU along with being a master's student, her area of research in the area of Play Therapy, relates to children whom have experienced trauma. Josephine is a registered Play Therapist and Play Therapist Supervisor.

She has an active private practice within Darwin and supervisors professionals and students throughout Australia. Josephine has been heavily involved within the Play Therapy profession in the Australasia Pacific Region building a peak professional association. Josephine has been involved in supporting international research Partnerships with University of Northern Texas, Southern Methodist University, Wichita University and is working on connections with Malaysia.

Agenda

Time	Agenda Topic	Presenter
10.30am	Welcome Speaker Background	Josephine Martin
10.40am	What is Play Therapy? <ul style="list-style-type: none"> • An understanding of Play Therapy and how it supports children. 	
11.00am	What a Play Therapy Set up looks like <ul style="list-style-type: none"> • Differences in Play Therapy Spaces • Mobile and Fixed Play Therapy Spaces 	
11.20am	Play Therapy Research/Service Provisions <ul style="list-style-type: none"> • Past and recent research programs • Future research programs on offer • Regional and remotely. 	
11.40am	Therapeutic Play Skills <ul style="list-style-type: none"> • Feeling statements • Therapeutic Limit Setting 	
12.10pm	How to study Play Therapy? <ul style="list-style-type: none"> • CDU Play Therapy Programs <ul style="list-style-type: none"> ○ Certificate ○ Diploma ○ Master 	
12.25pm	Questions	
12.30pm	Close	

Note: A second workshop will be repeated at 1.30pm – 3.30pm.